



The check-list for a plane-travel with baby(ies)

Baby's cabin bag :

To change clothes

- 3 bodies (or T-shirts*)
- 2/3 pants*
- 2 cardigans (incl. 1 warm for A/C)
- 1 pair of socks
- 2/3 bibs
- Diapers (plan 1/hour)
- 1 extra pacifier (if used)
- Baby-change mat/towel

To eat

- Powder milk box (if used)
- 1 bottle
- 1 water bottle
- Compté flask*
- Snack (rice cake, cookies, carrots, apple shunks...)*

Boo boos (all ages)

- First-aid kit (antibacterial, compress, band-aid..)
- Paracetamol
- Antidiarrheal (Smecta e.g.) and anti-vomiting medication)
- Physiological saline
- Arnica (gel or granule)
- Thermometer
- Tissues

Toddler's bag (all ages)

- Cuddly toy
- Pacifier (if used)
- Activities (light books, Crayola crayon, quiet games)
- Kid-adapted headphones
- Kid neck pillow

Baby's checked bag (1 week):

Clothes

- 8 Bodies/ Panties
- 4 Shorts/Skirts
- 2 pants
- 8 T-shirts
- 1/2 dress(es)
- 3 cardigans
- 2 hats
- 1 sunglasses
- 8 socks
- 1 pair of sneakers
- 1 pair of sandals

Hygiene (part of it is in the cabin bag)

- ~50 diaper bag (6/day)
- Bathrobe + washcloth
- Hygiene kit (nail clippers, comb, moisturizing cream, body & hair wash, toothbrush*)
- First-aid kit

Night-time

- 3 Pajamas/ Sleep suit
- Few toys
- Night-light
- Baby sleep bag/ Blanket
- Baby-phone

For a trip by the sea/pool

- 2 Swimwears
- 2 UV-proof T-shirts
- 1 hooded towel
- 1 swimming goggles
- 1 water shoes
- Sunscreen
- Armbands/ Swimming jacket
- Swim diapers

Pour un voyage rando/visite

- 5 Pants
- 1 windbreaker* / pramsuit
- Hiking boots*
- Baby-carrier and/or child-seat

(*if your child 4yo, i.e. potty trained)